

KIDS CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Little Ninja's Martial Arts 9 – 9:45 am LEVEL 2 *pre registered only Ages 2-3	Kinder Judo *Ages 4-7 5-5:45PM	Toddler Time 9:20-10:20am *pre-registered 18months +	Kinder Judo *Ages 4-7 5-5:45PM	Toddler Time 9:20-10:20am *pre registered 18 months+	Future Ninjas Brazilian Jiu-Jitsu (BJJ) *Ages 4-7 5-6PM	Kids MMA *Ages 5-9 10-11AM	
		Little Ninja's Martial Arts 10-10:45am LEVEL 1 *pre registered only Ages 2-3		Future Ninjas Brazilian Jiu-Jitsu (BJJ) *Ages 4-7 5-6PM			Little Ninja's Martial Arts 9 – 9:45am Level 1 *pre registered only Ages 2-3
		Future Ninjas Brazilian Jiu-Jitsu (BJJ) *Ages 8-11 5-6PM					Little Ninja's Martial Arts 10-10:45am LEVEL 1 *pre registered only Ages 2-3
Little Ninja's Martial Arts 10-10:45am LEVEL 1 *pre registered only Ages 2-3	Kids Judo *Ages 8-11 5-5:45PM	Kids Brazilian Jiu-Jitsu (BJJ) *Ages 8-11 5-6PM	Kids Judo *Ages 8-11 5-5:45PM	Kids Brazilian Jiu-Jitsu (BJJ) *Ages 8-11 5-6PM	Youth MMA *Ages 10-15 11-12PM		
Little Ninja's Martial Arts 11-11:45 pm LEVEL 1 *Pre registered only Ages 2-3	Youth Judo *Ages 12+ 5:45-6:45PM	Youth Brazilian Jiu-Jitsu (BJJ) *Ages 12-15 6-7PM	Youth Judo *Ages 12+ 5:45-6:30PM	Youth MMA *Ages 10+ 6 - 7PM	Youth Brazilian Jiu-Jitsu (BJJ) *Ages 12-15 6-7PM		
Little Ninja's Martial Arts 12-12:45pm LEVEL 3 *Pre registered only Unparented Ages 4-6							

ADULT CLASS SCHEDULE 16+years

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Intro to Brazilian Jiu-Jitsu (BJJ) *Registered Program 12-1pm (kids program available at the same time)	Beginner Brazilian Jiu-Jitsu (BJJ) 12 – 1 PM	Bootcamp AM 9:20-10:20AM *pre registered program. Starts Sept. 15 (toddler program available at the same time)	Beginner Brazilian Jiu-Jitsu (BJJ) 12 – 1 PM	BOOTCAMP AM 9:20-10:20AM *pre registered program. Starts Sept. 15. (toddler program available at the same time)	Open Mat 7-8 PM	Judo 11-12PM
	Brazilian Jiu-Jitsu (BJJ) / NOGI (OPEN MAT) 12-1PM					
Intro to Brazilian Jiu-Jitsu (BJJ) Women's Only *Registered Program 12-1pm (kids program available at the same time)	Judo 5:45-6:45PM	Brazilian Jiu-Jitsu (BJJ) *All Levels 12-1pm	Bootcamp PM 6:30-7:30 PM	Brazilian Jiu-Jitsu (BJJ) * All Levels 12-1pm		MMA 11-12 PM
	Open Mat 1-2:30 PM	Advanced Brazilian Jiu-Jitsu (BJJ) / NOGI 7 – 8PM	Brazilian Jiu-Jitsu (BJJ) / NOGI (OPEN MAT) 7-8pm	Advanced Brazilian Jiu-Jitsu (BJJ) / NOGI *Blue belt & up 7 – 8 PM	Brazilian Jiu-Jitsu (BJJ) / NOGI (OPEN MAT) 7-8pm	
Intro to MMA 7-8 PM						Brazilian Jiu-Jitsu (BJJ) / NOGI *Blue belt and up 12-1PM
MMA 7-8 PM						
		Striking (for Kickboxing, Boxing, Muay-Thai & MMA) 8 - 9PM		Striking (for Kickboxing, Boxing, Muay-Thai & MMA) 8 -9 PM		Beginner Brazilian Jiu-Jitsu (BJJ) / NOGI 1 – 2 PM
	Beginner Brazilian Jiu-Jitsu (BJJ) / NOGI 8 – 9 PM		Beginner Brazilian Jiu-Jitsu (BJJ) / NOGI 8 – 9 PM			Open mat 1 - 2 PM

*Schedule subject to change. *+GST *Open Mat is only included in unlimited classes memberships.

<ul style="list-style-type: none"> • Introduction to Brazilian Jiu-Jitsu(BJJ) • Introduction to Women's Only Brazilian Jiu- Jitsu (BJJ) 	DATE: Sept 13 – Dec 13, 2020 – 13 weeks (no class Oct 11) TIME: 12-1pm COST: \$329 (includes 13 weeks of classes, Hayabusa team gi & belt) *limited spots available
<ul style="list-style-type: none"> • Introduction to MMA (Mixed Martial Arts) 	DATE: September 15 – November 7, 2020 TIME: Tuesday's @ 7-8 pm & Saturdays @11am COST: \$165 includes 4 weeks of classes 2x/week, , Hayabusa handwraps & Hayabusa 16oz boxing gloves. *limited spots available

Membership Rates Adult & Kids	Month-to-Month Autopay	Annual (2 months FREE) *pre paid in full
Single Discipline *does not include open mats	\$109	\$1090
Unlimited Classes *includes open mats	\$149	\$1490
Family Membership	N/A	\$4899