

## KIDS CLASS SCHEDULE- homeschool classes start week of Nov 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Little Ninja's Martial Arts</b> 9 – 9:45 am LEVEL 1 *pre registered only Ages 18 months – 2 years  <b>Little Ninja's Martial Arts</b> 9 – 9:45 am LEVEL 2 *pre registered only Ages 2-3		10:30-11:15am LEVEL 1 *pre registered only Ages 18 months -2 years  <b>Little Ninja's Martial Arts</b> 10:30-11:15am LEVEL 2 *pre registered only Ages 2-3		<b>Little Ninja's Martial Arts</b> 10:30-11:15am LEVEL 1 *pre registered only Ages 18 months -2 years	<b>Future Ninjas Brazilian Jiu-Jitsu (BJJ)</b> *Ages 4-7 4:15-5M	<b>Kids MMA</b> *Ages 5-9 10-11AM
	<b>Little Ninja's Martial Arts</b> 10-10:45am LEVEL 1 *pre registered only Ages 2-3  <b>Little Ninja's Martial Arts</b> 10-10:45 am LEVEL 2 *pre registered only Ages 2-3  <b>Little Ninja's Martial Arts</b> 11-11:45 pm LEVEL 1 *Pre registered only Ages 2-3  <b>Little Ninja's Martial Arts</b> 11-11:45 am LEVEL 2 *pre registered only Ages 2-3	<b>Kinder Judo</b> *Ages 4-7 5-5:45PM	<b>Homeschool Kids Mixed Martial Arts (MMA)</b> *ages 5-13 3 -4 PM starts Nov 17  <b>Future Ninjas Brazilian Jiu-Jitsu (BJJ)</b> *Ages 4-7 4:15-5 PM	<b>Kinder Judo</b> *Ages 4-7 5-5:45PM	<b>Little Ninja's Martial Arts</b> 10:30-11:15am LEVEL 2 *pre registered only Ages 2-3  <b>Homeschool Kids Mixed Martial Arts (MMA)</b> *ages 5-13 3 -4 PM starts Nov 17  <b>Kids MMA</b> *Ages 5-9 5-6PM	<b>Kids Brazilian Jiu-Jitsu (BJJ)</b> *Ages 8-11 5-6PM  <b>Youth Brazilian Jiu-Jitsu (BJJ)</b> *Ages 12-15 6-7PM
<b>Little Ninja's Martial Arts</b> 12-12:45pm LEVEL 3 *Pre registered only Unparented Ages 4-6	<b>Kids Judo</b> *Ages 8-11 5-5:45PM	<b>Kids Brazilian Jiu-Jitsu (BJJ)</b> *Ages 8-11 5-6PM  <b>Youth Brazilian Jiu-Jitsu (BJJ)</b> *Ages 12-15 6-7PM	<b>Kids Judo</b> *Ages 8-11 5-5:45PM			<b>Youth MMA</b> *Ages 10-15 11-12PM
	<b>Youth Judo</b> *Ages 12+ 5:45-6:45PM		<b>Youth Judo</b> *Ages 12+ 5:45-6:30PM	<b>Youth MMA</b> *Ages 10+ 6 - 7PM		

## ADULT CLASS SCHEDULE 16+years

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Intro to Brazilian Jiu-Jitsu (BJJ)</b> *Registered Program 12-1pm (kids program available at the same time)	<b>Beginner Brazilian Jiu-Jitsu (BJJ)</b> 12 – 1 PM	<b>Brazilian Jiu-Jitsu (BJJ)</b> *All Levels 12-1pm	<b>Beginner Brazilian Jiu-Jitsu (BJJ)</b> 12 – 1 PM	<b>Brazilian Jiu-Jitsu (BJJ)</b> * All Levels 12-1pm	<b>Open Mat</b> 7-8 PM	<b>Judo</b> 11-12PM
		<b>Brazilian Jiu-Jitsu (BJJ) / NOGI (OPEN MAT)</b> 7-8pm				
<b>Intro to Brazilian Jiu-Jitsu (BJJ) Women's Only</b> *Registered Program 12-1pm (kids program available at the same time)	<b>Judo</b> 5:45-6:45PM	<b>Intro to MMA</b> 7-8 PM	<b>Bootcamp PM</b> 6:30-7:30 PM	<b>Brazilian Jiu-Jitsu (BJJ) / NOGI (OPEN MAT)</b> 12-1PM		<b>MMA</b> *all levels 11-12 PM
		<b>Striking</b> (for Kickboxing, Boxing, Muay-Thai & MMA) 8 - 9PM				<b>Intro to MMA</b> 11-12PM
<b>Open Mat</b> 1-2:30 PM	<b>Advanced Brazilian Jiu-Jitsu (BJJ) / NOGI</b> 7 – 8PM		<b>Advanced Brazilian Jiu-Jitsu (BJJ) / NOGI</b> *Blue belt & up 7 – 8 PM	<b>Brazilian Jiu-Jitsu (BJJ) / NOGI (OPEN MAT)</b> 7-8pm		<b>Brazilian Jiu-Jitsu (BJJ) / NOGI</b> *Blue belt and up 12-1PM
	<b>Beginner Brazilian Jiu-Jitsu (BJJ) / NOGI</b> 8 – 9 PM		<b>Striking</b> (for Kickboxing, Boxing, Muay-Thai & MMA) 8 -9 PM	<b>Beginner Brazilian Jiu-Jitsu (BJJ) / NOGI</b> 8 – 9 PM		<b>Beginner Brazilian Jiu-Jitsu (BJJ) / NOGI</b> 1 – 2 PM
						<b>Open mat</b> 1 - 2 PM

\*Schedule subject to change. \*+GST \*Open Mat is only included in unlimited classes memberships.

<ul style="list-style-type: none"> <li>• Introduction to Brazilian Jiu-Jitsu(BJJ)</li> <li>• Introduction to Women's Only Brazilian Jiu- Jitsu (BJJ)</li> </ul>	<b>DATE:</b> January 10, March 21, 2020 (no class February 14) <b>TIME:</b> 12-1pm <b>COST:</b> \$289 (includes 10 weeks of classes, Hayabusa team gi & belt) *limited spots available
<ul style="list-style-type: none"> <li>• Introduction to MMA (Mixed Martial Arts)</li> </ul>	<b>DATE:</b> November 3 – November 28, 2020 <b>TIME:</b> Tuesday's @ 7-8 pm & Saturdays @11am <b>COST:</b> \$165 includes 4 weeks of classes 2x/week, , Hayabusa handwraps & Hayabusa 16oz boxing gloves. *limited spots available *additional equipment is required *No experience required

Membership Rates Adult & Kids	Month-to-Month Autopay	Annual (2 months FREE) *pre paid in full
Single Discipline *does not include open mats	\$109	\$1090
Unlimited Classes	\$149	\$1490

*includes open mats		
Family Membership	N/A	\$4899